

Torneo Powerlifting Somos Todos 2023

La Paz, Cesar
14 Octubre - 16 Octubre, 2023



Hombres

Sub-junior													
#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
59kg													
1	kenny Baquero Villarreal (CPA)	56.1	-120	-120	120	60	-70	70	160	170	-175	360	61.2
2	Sebaxtiham David Leon Contreras (CPV)	58.6	115	120	130	65	70	-72.5	140	145	150	350	58.13
66kg													
1	Carlos Daniel Daza Martinez (CPA)	63.9	120	140	157.5	-80	-100	100	140	160	180	437.5	69.38
2	Jhon Barrios (CPV)	64.8	130	-140	-147.5	90	92.5	97.5	140	160	165	392.5	61.78
3	Dwamaku Enrique Marquez Nino (CPM)	65.4	125	130	135	75	85	-90	160	-170	-170	380	59.52
4	Sebastian Castanez Perez (PCH)	64.4	120	127.5	135	70	-75	75	150	-160	-170	360	56.85
5	Diego Jesus Hidalgo Gomez (CMP)	60.9	115	120	-130	70	75	-80	140	-150	160	355	57.76
74kg													
1	Miguel David Romero Villero (CFV)	72.9	160	172.5	-177.5	85	95	100	200	-212.5	-212.5	472.5	69.91
2	Juan David Dangond Cantillo (CPV)	73.9	110	-130	140	80	90	-100	180	190	200	430	63.17
3	Cristian Camilo Maya Rugeles (CFV)	71.6	140	-150	155	90	-100	100	160	170	-177.5	425	63.47
4	Juan Sebastian Guillen Quinonez (PQC)	68.6	115	120	125	70	-77.5	77.5	180	182.5	185	387.5	59.19
83kg													
1	Jose Luis Henao Acosta (P10)	79.3	170	177.5	-180	100	107.5	-112.5	190	197.5	202.5	487.5	69.06

Open

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
59kg													
1	Luis Daniel Izquierdo Barros (CPV)	58.9	145	150	-157.5	80	85	-90	140	150	160	395	65.42
2	Brayan Sigifredo Florez Durango (CPV)	58.2	130	140	150	80	90	-92.5	155	165	175	415	69.18

66kg

1	Jose Ricardo Henriquez Amaris (CFV)	63.6	190	200	210	115	120	-122.5	220	230	-240	560	89.03
2	Aldair De Jesus Maestre (PV)	63.2	150	165	-170	80	-90	90	-180	-180	180	435	69.39
3	Andres Felipe De Las Salas Guerrero (CTL)	64.6	130	140	-145	90	-95	95	175	-180	180	415	65.43
4	Samuel Castillejo Delgado (PQC)	61.3	135	140	-150	75	80	-85	180	190	-202.5	410	66.47
5	Yodanis Jesus Arrieta Solano (CFV)	63.2	130	-140	-140	-70	70	75	150	-160	-160	355	56.63
6	Carlos Jose Ortiz Colina (PQC)	61.6	105	115	-125	70	75	-77.5	150	160	-165	350	56.6

74kg

1	Jose Raul Quintero Paso (CTL)	73.4	-180	185	190	110	115	120	-210	210	220	530	78.14
2	JUAN MANUEL FUENTES OSORIO (CPV)	72.8	-170	170	-185	100	-102.5	-102.5	190	-200	-205	460	68.11

83kg

1	Alex Enrique Meller Acosta (P10)	78.6	190	-200	200	100	110	-115	230	240	245	555	78.99
2	David ricardo Suarez alvis (CPA)	76.7	180	-187.5	-187.5	-120	125	132.5	-190	-190	190	502.5	72.42
3	Jesus Bueno Gutierrez (P10)	76.2	-170	170	177.5	-90	90	105	200	210	215	497.5	71.94

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
4	Andres Eduardo Acuna Ovalle (CPA)	74.7	130	140	152.5	100	110	-120	190	-195	-195	452.5	66.11
5	Luis Guillermo Rincon Arrieta (CTL)	78.1	190	-192.5	-192.5	110	120	-130	210	-225	-225	520	74.25
6	Yorvis Arturo Diaz iturriago (CFV)	83	175	-182.5	185	-95	95	-97.5	180	190	200	480	66.44

93kg

1	Kevin Esteban Mendoza Vergel (P10)	84.3	140	145	155	90	95	100	160	175	185	440	60.43
2	Esteban Fabian Vega Escobar (CW)	86.8	140	-152.5	-152.5	95	97.5	100	172.5	-180	-180	412.5	55.83
3	Keiner Enrique Bonilla Potosi (CPA)	84.6	130	140	142.5	70	72.5	75	175	180	190	407.5	55.87
4	Yeison Enrique Romo Fernandez (CPA)	90.1	170	180	187.5	120	135	145	190	-200	205	537.5	71.42

105kg

1	Camilo Andres Gomez Fuentes (CFV)	93.7	180	-190	190	90	-97.5	-97.5	230	-240	240	520	67.78
2	Abad Agustin cotes oñate (CPV)	97.7	200	215	220	120	-130	130	190	210	-220	560	71.53
3	Edgar Dario Serge Rodriguez (CPV)	94.9	-190	195	-205	110	115	-120	-245	245	-250	555	71.9

120kg

1	William Alfredo Cerro Bermudez (CPB)	116.5	220	-230	230	130	135	140	250	270	280	650	76.55
2	Luis Mateo Puello Martinez (CFV)	107.4	200	-210	210	100	110	120	200	220	230	560	68.42

Master I

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
---	--------	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-------	-----

83kg

1	Darwin daniel moya manjarrez (CW)	77.8	170	175	180	115	120	125	195	200	205	510	72.96
---	------------------------------------	------	-----	-----	-----	-----	-----	-----	-----	-----	-----	------------	-------

Mujeres

Sub-junior

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
---	--------	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-------	-----

43kg

1	Emily Liceth Ballena (CFV)	38.3	60	62.5	-65	25	27.5	-30	60	70	-72.5	160	56.15
---	----------------------------	------	----	------	-----	----	------	-----	----	----	-------	------------	-------

47kg

1	Clarís Castillejo Campos (CPB)	43.6	80	90	92.5	35	37.5	40	105	110	-115	242.5	72.71
2	Paula Andri Almanza Nieves (PCZ)	46.2	70	75	-85	-35	-35	35	100	105	-110	215	60.63
3	Lucía Vasquez Garcia (CFV)	46.2	60	62.5	67.5	27.5	30	-32.5	-65	65	75	172.5	48.65

52kg

1	Eilyn Jhoana Fuentes Barrios (CPV)	51.3	70	80	90	45	50	-52.5	110	125	132.5	272.5	69.62
2	Maria Fernanda Vasquez (CFV)	51.7	70	-75	75	30	-35	-35	75	-82.5	-82.5	180	45.68
3	Rosmerys Baquero Villarreal (CPA)	47.1	55	60	-65	25	-27.5	-27.5	60	65	67.5	152.5	42.18

57kg

1	Aura Marcela Lozano Quintero (CPV)	56.7	100	110	-112.5	35	37.5	40	105	110	115	265	62.41
2	Valeria Isabel Vergara Trespalcios (CW)	55.3	70	80	-85	25	30	-32.5	95	100	105	215	51.62

63kg

1	Andrea Carolina Zuleta Mendoza (CPB)	62.8	100	107.5	110	40	42.5	45	110	115	-117.5	270	59.19
---	--------------------------------------	------	-----	-------	-----	----	------	----	-----	-----	--------	------------	-------

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
69kg													
1	Heylis Maryuris Solano Quintero (PQC)	67.1	75	80	-80	25	-35	-35	70	-72.5	-72.5	175	36.84

84kg													
1	Shary Milena Rodriguez Gutierrez (CPB)	79.6	65	70	-77.5	35	40	-45	-100	100	-105	210	40.55

84+kg													
1	Valery Dahiana Martinez Pulgarin (CPB)	86.4	140	-147.5	147.5	70	72.5	-75	140	145	-147.5	365	68.2

Open													
#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
47kg													
1	Elizabeth Gutierrez Mendoza (CTL)	47	85	-95	95	30	40	-45	110	120	-125	255	70.69
2	Harid Dayana Bueno Osuna (CFV)	46.1	60	62.5	-67.5	30	35	-40	70	-80	80	177.5	50.17

52kg													
1	Keissy Garcia Candanoza (CFV)	51.6	140	-142.5	-142.5	67.5	-70	-70	150	-152.5	-152.5	357.5	90.87
2	Wizneidy Hernandez (PQC)	51.7	77.5	80	-82.5	35	-40	-40	100	105	-105	220	55.83

57kg													
1	Maria Odila Ramirez Dimate (CTL)	54.2	80	-90	100	30	40	-45	110	120	-130	260	63.43
2	Maik Jisella Pena Rubio (CPB)	55.7	110	112.5	-115	35	-40	-40	120	125	130	277.5	66.25
3	Carolina Atencia Acuna (CTL)	54.5	100	-105	-105	-50	55	60	110	-120	-120	270	65.57

63kg													
------	--	--	--	--	--	--	--	--	--	--	--	--	--

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
1	Angela Patricia Torrijo Zabaleta (CFV)	61	-60	65	72.5	35	-40	-40	85	95	-100	202.5	45.26
2	Yusleidis Paola Almeira Crespo (CW)	58.6	110	-112.5	-112.5	45	-50	-50	120	130	135	290	66.65
3	Maria Isabel Martinez Argumedo (CPB)	61.6	95	100	107.5	40	45	-47.5	100	105	115	267.5	59.39
	Yeiris Patricia Jiménez García (CFV)	60.5	130	135	-137.5	-55	-55	-55	-130	-130	-130	0	0

69kg

1	Eva Sandrith Mieles Palencia (CPA)	67.7	110	120	125	30	-35	-35	115	125	-130	280	58.64
2	Angie Paola Torrijo Zabaleta (CFV)	64.4	55	60	-65	30	-32.5	-32.5	65	67.5	75	165	35.6

76kg

1	Evis Mileidis Royero Torres (PC)	74.6	135	140	-142.5	65	70	-72.5	165	175	-177.5	385	76.58
2	Lilibeth Benitez Ruiz (CFV)	72.6	-100	100	110	50	60	-65	110	120	-130	290	58.47

84kg

1	Lina Marcela Onate Fernandez (CPB)	82.2	130	135	140	65	70	-72.5	140	145	152.5	362.5	69.05
2	Nancy Rodriguez Mosquera (CFV)	77.9	120	125	-137.5	70	80	85	135	145	150	360	70.17

Master I

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
63kg													
1	Lucy Sierra (PV)	59	-120	120	-130	55	60	-65	130	140	150	330	75.48

69kg

1	Zenith Maria Pacheco Castellar (CFV)	67	-130	130	-140	70	80	-82.5	140	-160	-160	350	73.74
---	--------------------------------------	----	------	-----	------	----	----	-------	-----	------	------	------------	-------

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
76kg													
1	Magda Lined Garcia Quintero (CFV)	75.2	100	115	-120	50	55	-60	110	120	130	300	59.45

Master II

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
52kg													
1	Nerydis Ariza Arrieta (CW)	50.6	75	85	-90	35	40	-45	90	95	100	225	58.19

76kg													
1	Ledys Maria Orozco Troya (CPB)	72.7	-65	67.5	70	35	37.5	40	90	95	100	210	42.31

Teen I (12 - 13 años)

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
37kg													
	Yeimis Dayanna Uribe Solano (PQC)	36.6	0	-50	-50	25	-27.5	-27.5	50	-52.5	-52.5	0	0

52kg													
1	Andrea Sthefanny Torrijo Zabaleta (CFV)	51.3	55	65	70	-27.5	27.5	30	60	70	75	175	44.71

57kg													
1	Sofia Brito Marulanda (CPB)	53.8	70	75	77.5	30	-32.5	-32.5	75	80	82.5	190	46.63

63kg													
1	Gabriela Rosero Cadena (CTL)	62.1	-70	75	80	-30	35	40	85	95	100	220	48.59

#	Nombre	BWT	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	IPF
69kg													
1	Maria Stephanie Pena Quintero (PQC)	66.6	-70	70	-70	25	35	-35	70	-72.5	-72.5	175	37

Hombres

Sub-junior					
Puesto	Nombre	Categoria	Peso	Total	IPF
1	Miguel David Romero Villero (PQC)	74	72.9	472.5	69.91
2	Carlos Daniel Daza Martinez (PQC)	66	63.9	437.5	69.38
3	Jose Luis Henao Acosta (PQC)	83	79.3	487.5	69.06
4	Cristian Camilo Maya Rugeles (PQC)	74	71.6	425	63.47
5	Juan David Dangond Cantillo (PQC)	74	73.9	430	63.17
6	Jhon Barrios (PQC)	66	64.8	392.5	61.78
7	kenny Baquero Villarreal (PQC)	59	56.1	360	61.2
8	Dwamaku Enrique Marquez Nino (PQC)	66	65.4	380	59.52
9	Juan Sebastian Guillen Quinonez (PQC)	74	68.6	387.5	59.19
10	Sebaxtiham David Leon Contreras (PQC)	59	58.6	350	58.13
11	Diego Jesus Hidalgo Gomez (PQC)	66	60.9	355	57.76
12	Sebastian Castanez Perez (PQC)	66	64.4	360	56.85

Open					
Puesto	Nombre	Categoria	Peso	Total	IPF
1	Edgar Alfonso Orozco Ramirez (PCH)	93	86.2	730	99.15
2	Luis Alejandro Contreras Bazza (PCH)	93	87.5	665	89.65

Puesto	Nombre	Categoria	Peso	Total	IPF
3	Jose Ricardo Henriquez Amaris (PCH)	66	63.6	560	89.03
4	Juan Diego Garcia Machado (PCH)	74	72.6	600	88.96
5	Jesus David Gomez Izquierdo (PCH)	59	57.3	525	88.25
6	Gonzalo Andres Namen Caraballo (PCH)	83	79.7	590	83.37
7	Kelvin Jose Manotas Amaya (PCH)	83	80.1	572.5	80.69
8	Jonathan Cabrera Diaz (PCH)	83	80.9	575	80.64
9	Walter Jesus Molinares Rodriguez (PCH)	105	93.7	615	80.16
10	Alex Enrique Meller Acosta (PCH)	83	78.6	555	78.99
11	Simon Pedrozo Carpio (PCH)	93	85.9	580	78.91
12	Jose Raul Quintero Paso (PCH)	74	73.4	530	78.14
13	Andres Jose Romano Perez (PCH)	83	79.9	545	76.91
14	William Alfredo Cerro Bermudez (PCH)	120	116.5	650	76.55
15	Luis Guillermo Rincon Arrieta (PCH)	83	78.1	520	74.25
16	David Ricardo Suarez Alvis (PCH)	83	76.7	502.5	72.42
17	Jesus Bueno Gutierrez (PCH)	83	76.2	497.5	71.94
18	Edgar Dario Serge Rodriguez (PCH)	105	94.9	555	71.9
19	Abad Agustin Cotes Oñate (PCH)	105	97.7	560	71.53
20	Yeison Enrique Romo Fernandez (PCH)	93	90.1	537.5	71.42
21	Jose Luis Beleno Palencia (PCH)	74	68.1	465	71.3
22	Aldair De Jesus Maestre (PCH)	66	63.2	435	69.39
23	Brayan Sigifredo Florez Durango (PCH)	59	58.2	415	69.18
24	Luis Mateo Puello Martinez (PCH)	120	107.4	560	68.42
25	JUAN MANUEL FUENTES OSORIO (PCH)	74	72.8	460	68.11
26	Camilo Andres Gomez Fuentes (PCH)	105	93.7	520	67.78
27	Samuel Castillejo Delgado (PCH)	66	61.3	410	66.47
28	Yorvis Arturo Diaz Iturriago (PCH)	83	83	480	66.44

Puesto	Nombre	Categoria	Peso	Total	IPF
29	Andres Eduardo Acuna Ovalle (PCH)	83	74.7	452.5	66.11
30	Andres Felipe De Las Salas Guerrero (PCH)	66	64.6	415	65.43
31	Luis Daniel Izquierdo Barros (PCH)	59	58.9	395	65.42
32	Kevin Esteban Mendoza Vergel (PCH)	93	84.3	440	60.43
33	Yodanis Jesus Arrieta Solano (PCH)	66	63.2	355	56.63
34	Carlos Jose Ortiz Colina (PCH)	66	61.6	350	56.6
35	Keiner Enrique Bonilla Potosi (PCH)	93	84.6	407.5	55.87
36	Esteban Fabian Vega Escobar (PCH)	93	86.8	412.5	55.83

Master I

Puesto	Nombre	Categoria	Peso	Total	IPF
1	Darwin daniel moya manjarrez (CW)	83	77.8	510	72.96

Mujeres

Sub-junior

Puesto	Nombre	Categoria	Peso	Total	IPF
1	Claris Castillejo Campos (CW)	47	43.6	242.5	72.71
2	Eilyn Jhoana Fuentes Barrios (CW)	52	51.3	272.5	69.62
3	Valery Dahiana Martinez Pulgarin (CW)	84+	86.4	365	68.2
4	Aura Marcela Lozano Quintero (CW)	57	56.7	265	62.41
5	Paula Andri Almanza Nieves (CW)	47	46.2	215	60.63
6	Andrea Carolina Zuleta Mendoza (CW)	63	62.8	270	59.19
7	Emily Liceth Ballena (CW)	43	38.3	160	56.15
8	Valeria Isabel Vergara Trespacios (CW)	57	55.3	215	51.62
9	Lucia Vasquez Garcia (CW)	47	46.2	172.5	48.65
10	Maria Fernanda Vasquez (CW)	52	51.7	180	45.68

Puesto	Nombre	Categoria	Peso	Total	IPF
11	Rosmerys Baquero Villarreal (CW)	52	47.1	152.5	42.18
12	Shary Milena Rodriguez Gutierrez (CW)	84	79.6	210	40.55
13	Heylis Maryuris Solano Quintero (CW)	69	67.1	175	36.84

Open					
Puesto	Nombre	Categoria	Peso	Total	IPF
1	Keissy Garcia Candanoza (PQC)	52	51.6	357.5	90.87
2	Karoll Darin Contrera Fernandez (PQC)	47	46.2	317.5	89.54
3	Lideynis Carrillo Gonzalez (PQC)	63	61	350	78.22
4	Grey Patricia Carranza Arévalo (PQC)	69	67.2	365	76.76
5	Evis Mileidis Royero Torres (PQC)	76	74.6	385	76.58
6	Laura Vanessa Ruiz Cuadrado (PQC)	84	79	370	71.67
7	Elizabeth Gutierrez Mendoza (PQC)	47	47	255	70.69
8	Nancy Rodriguez Mosquera (PQC)	84	77.9	360	70.17
9	Lina Marcela Onate Fernandez (PQC)	84	82.2	362.5	69.05
10	Estefanis Melisa Rangel Hernandez (PQC)	57	55.7	280	66.84
11	Yusleidis Paola Almeida Crespo (PQC)	63	58.6	290	66.65
12	Maik Jisella Pena Rubio (PQC)	57	55.7	277.5	66.25
13	Carolina Atencia Acuna (PQC)	57	54.5	270	65.57
14	Maria Odila Ramirez Dimate (PQC)	57	54.2	260	63.43
15	Maria Isabel Martinez Argumedo (PQC)	63	61.6	267.5	59.39
16	Eva Sandrith Mieles Palencia (PQC)	69	67.7	280	58.64
17	Lilibeth Benitez Ruiz (PQC)	76	72.6	290	58.47
18	Wizneidy Hernandez (PQC)	52	51.7	220	55.83
19	Harid Dayana Bueno Osuna (PQC)	47	46.1	177.5	50.17
20	Ana Elvira Ternera Soto (PQC)	69	63.2	215	46.94

Puesto	Nombre	Categoria	Peso	Total	IPF
21	Angela Patricia Torrijo Zabaleta (PQC)	63	61	202.5	45.26
22	Angie Paola Torrijo Zabaleta (PQC)	69	64.4	165	35.6

Master I					
Puesto	Nombre	Categoria	Peso	Total	IPF
1	Lucy Sierra (CFV)	63	59	330	75.48
2	Zenith Maria Pacheco Castellar (CFV)	69	67	350	73.74
3	Magda Lined Garcia Quintero (CFV)	76	75.2	300	59.45

Master II					
Puesto	Nombre	Categoria	Peso	Total	IPF
1	Nerydis Ariza Arrieta (CFV)	52	50.6	225	58.19
2	Ledys Maria Orozco Troya (CFV)	76	72.7	210	42.31

Teen I (12 - 13 años)					
Puesto	Nombre	Categoria	Peso	Total	IPF
1	Gabriela Rosero Cadena (CPB)	63	62.1	220	48.59
2	Sofia Brito Marulanda (CPB)	57	53.8	190	46.63
3	Andrea Sthefanny Torrijo Zabaleta (CPB)	52	51.3	175	44.71
4	Maria Stephanie Pena Quintero (CPB)	69	66.6	175	37